# Skally Herald

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**SUMMER 2005** 

## **Enjoy Summer ... Fun Events**

#### Minneapolis Aquatennial July 15-24

66th Minneapolis Aquatennial, the "Official Civic Celebration of Minneapolis". Lots of events around the city and lakes. http://www.aquatennial.org/

#### Ronda Days: Saturday and Sunday, July 23-24

It offers a multicultural celebration of art, music, food, and family fun and is attended by a diverse audience. Its located along Marshall and Selby near Dale St. http://www.rondodays.org/

#### Annual County Market Rockin' Ribfest! July 28-31

This year the ribfest will be right at Harriet Island. There will be over 10 different music performers, food, beverage & game tickets will be available for purchase. http://www.ribamerica.com/stpaul.html

#### Blooming Day: Saturday, July 30

Build a floral bouquet, visit the St. Paul Farmers traveling Market, bring the kids to the Vroom, Beep and Go! area. Fun all along Grand Ave. <u>Skally Management will have native plant seedlings available for free at 657 Grand Ave.</u> http://www.grandave.com

#### Highland Fest: Saturday and Sunday August 12-14

Come over and enjoy our juried art fair, live entertainment on two stages, fireworks, the Ford Motor Company new auto show, a children's costume parade and activities, a business fair, and plenty of food! Down at Highland Village. http://www.highlandfest.com/

#### Irish Fest: Saturday and Sunday August 12-14

Join us for a three-day celebration of Irish heritage with food, fun and music on the banks of the Mississippi River. http://www.irishfair.com/

#### Saint Paul Inline Marathon: Sunday, August 21

If you have inline skates give this a shot. It is a marathon inline skate race down by the river.

http://www.saintpaulinlinemarathon.com/

#### Taste of Grand: Tuesday, September 20

A progressive dinner along the Grand Ave. Guests will travel the avenue enjoying wine, cheese, soup, salad, appetizer, entree and dessert. \$50 per person. http://www.grandave.com

#### Summit Hill Neighborhood Garage Sale: Saturday, October 1st

Walk around the neighborhood looking for good deals on household items. http://www.summithillassociation.org



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## **Digging Perfect Pots**

You will need to pot up some smallish-sized herb plants because the containers need to fit on a windowsill. Four-inch pots work nicely.

Remember to use pots with drainage holes so your herbs don't rot. And that means the pots need to rest in saucers, which—if you are eyeing the width of your sill right now—will be a little wider than the pots. So you need at least a 5-inch windowsill. We like terra-cotta pots, but they do dry out quickly in winter's heated indoor "weather," and the saucers leak. Use a plastic liner or rubber pad.

## Safety Tip

Keep entrance doors shut. You and your neighbors safety relies on it.

"According to police, of 41 burglaries in our area this spring, 21 occurred while doors of the residence were left open! One of the "keys" to crime prevention is locking your door ... don't forget to keep your car doors locked also."



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#### **Indoor Herb Gardens**

Here are some helpful hints to help you get started in maintaining a bountiful indoor herb harvest.

- <u>Containers:</u> Herbs grow well in small to medium-sized pots. Clay or terra-cotta pots are decorative and work well with indoor planting. You may also want to try growing in glazed pots, window boxes, or even a hanging basket.
- <u>Drainage:</u> Herbs require a growing medium with good drainage. If the roots are soaking in water, they will not grow or survive.
- Temperature & Light: Keep plants away from areas with varying temperatures such as a winter window or a stove. Make sure the plants are receiving plenty of light. You may need be rotate plants to ensure all have even light.

A caution about selecting your herbs: Just because you like to cook with a particular ingredient doesn't mean you can grow that plant indoors. As much as you may love basil, for instance, this herb turns into a sorry specimen after a few weeks cooped up inside.



- 1. Chives: Use in salads and sauces or with vegetables.
- 2. Chocolate mint: Use in teas, soups, and salads.
- 3. Girardus rosemary: Use with meat, especially lamb.
- 4. Italian oregano: Use for sauces, especially Italian cuisine.
- 5. Orange balsam thyme: Use with fish and poultry.

## **Keep Cool: Summer Tip**

To help keep your apartment cool in the summer:

1) Spend a couple of minutes before you go to bed and open your windows and turn on your fans to let the cool night air in your apartment.



2) Then in the morning make sure to close your windows and blinds to keep the cool air in and the hot sun out.